



Engagement Structure

This is for you if.. you're looking to introduce your team to productivity techniques that actually work

Duration: 1 to 1.5 hour session

What's covered: Interactive session with practical tips and advice along with a quick exercise for participants

Outcomes: At least one implementable takeaway owing to a guided productivity exercise

What's included

- ✓ Coverage of key productivity concepts
- ✓ Coverage of 6-factor Equist's productivity model
- ✓ Live exercises, Q&A and a 2-ways conversation to ensure continuous engagement
- ✓ Deeper exploration of at one or two of the six key productivity areas
- ✓ Sharing of useful resources for further reading



Sounds Interesting? Let's speak.

Tejas Pahlajani
Founder - Equist

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*"Over the past seven years, **Tejas has implemented leading productivity methods and developed his own systems** to overcome his productivity challenges*

*He started Equist **to enable many others who struggle with being effective** in their personal lives and at work"*

One Hour Talk on Personal Productivity